Extra-oral

Say, “I’m doing an intra and extra oral exam which includes an oral cancer screening.”
Ask permission to touch face and neck.

**Head:** Check for symmetry
- Face and nose
- Ears and neck
- Hairline and scalp
- Lips: vermillion border

**Neck:** A positive node may be the only clinical sign of oropharyngeal cancer.
- Parotid
- SCM
- Submandibular
- Midline Larynx
- Thyroid
- Submental

Intra-oral

Tongue: anterior, posterior, lateral, dorsal, ventral, base.
Lips/depth of vestibule, Cheeks
Frenum, Floor of the mouth
Hard Palate, Soft Palate
Oropharynx, Tonsillar Pillar
TMJ Palpation

*All computer management systems allow for setting up ‘clinical notes’ so an oral cancer screening protocol can be added to patient records.*