

# Dry Mouth Products 2018

Compiled by Judy Bendit, RDH and Eva Grayzel, Oral Cancer Survivor

## Dry Mouth Product Companies:

[ACT](#), [Biotene](#), [CariFree](#), [Closys](#), [GC America](#), [Elevate Oral Care](#), [Entertainer's Secret](#), [Gelclair](#), [Lubrlicity](#), [MighTeaFlow](#), [Moi-Stir](#), [Nuvora](#), [OraCoat](#), [Oral 7](#), [PerioSciences](#), [PlaqueHD](#), [Premier](#), [Stellalife](#), [Sunstar Gumbrand](#), [Xlear](#)

## Moisturizing Sprays

[ALLday](#), [Biotene](#), [CTx2](#), [Entertainer's Secret](#), [Glandosane](#), [Moi-Stir](#), [MouthKote](#), [Spry](#)

## Moisturizing Gels

[CankerX/Rincinol](#), [Spry](#), [Biotene Oralbalance](#), HD

## Moisturizing and Antibacterial Mouthwashes/Oral Rinses

[Act Dry Mouth](#), [AO ProRinse](#), [Closys](#), [Colgate Total Advanced Pro-Shield](#), [Crest Pro-Health Multi-Protection](#), [CTx4 Treatment](#), [MighTeaFlow](#), [Oral 7](#), [PlaqueHD](#), [Stellalife Vega](#)

Rx: [Peridex](#), [PerioGard](#),  
[Peroex Chlorhexidine Gluconate](#)

## Salivary Gland Stimulants:

Lozenges and Discs (OTC)

[Act](#), [MighTeaFlow](#), [Oramoist Patch](#),  
[Salese](#), [SalivaSure](#), [Salivix](#), [Salix](#),  
[Smart Mouth Mint](#), [Xylimelts](#),  
[XyliPOPS](#)

Rx: [Cevimeline](#), [NeutraSal](#),  
[Salagen](#), [SalivaMAX](#)

Try different products until you find the right one for you!

Read ingredients carefully. Avoid SLS and alcohol

At your hygiene check-up discuss:

- Interdental brushes, floss and water irrigator
- Soft or ultra soft toothbrush
- Brushing techniques

Chew food slowly and thoroughly to allow saliva to function optimally

# Dry Mouth Decay Prevention 2018

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## **Fluoride Toothpaste/Gel**

[Act Dry Mouth](#), [Closys](#), [Enamelon](#), [Gel-Kam](#)  
Rx: [ClinPro5000](#), [FluoriMax 5000](#), [MI Paste](#)  
[Plus](#), [Prevident 5000](#) (no SLS's)

Use a fluoride  
toothpaste.  
Brush after  
every meal.

## **Natural Mouth Rinses**

[The Natural Dentist](#), [Toms of Maine](#), [Spry](#)  
[Alcohol-Free Mouthwash](#)

DO NOT rinse after  
brushing. Just spit.  
Rinsing dilutes the  
effects of fluoride.

## **Gums/Candies 100% Xylitol**

[CTx2](#), [Dr. John's](#), [Epic](#), [Ice Chips](#), [LoLoZ](#),  
[MighTeaFlow](#), [PUR](#), [Spry](#), [Xyloburst](#), [Zellies](#)

Order through dental office: [Hager Xylitol Dry Mouth Products](#)

## **For Mouth Sores and Wound Dressings**

[H-B12 Melts](#), [OraSoothe Hydrogel](#), [Sockit Hydrogel](#), [Stellalife](#), [GUM](#)  
[Oral Pain Relief](#)

Avoid/decrease spicy,  
salty, sugary and acidic  
foods, caffeine and  
alcohol. If you consume,  
rinse with water or chew  
sugarless gum (xylitol if  
possible) to neutralize  
the pH.

Xylitol neutralizes  
pH and prevents  
bacteria from  
sticking to teeth. A  
high volume intake  
can cause gastric  
distress.

